







FULL CONTACT, LIGHT CONTACT, POINT FIGHTING, LOW KICK, MUSICAL FORMS, K-1

CADETS, JUNIORS, SENIORS



KUZBASS ARENA KEMEROVO, PRITOMSKIY AVENUE 10

ORGANIZER'S INFORMATION



Organizer

RUSSIAN KICKBOXING FEDERATION

Russia, Moscow, Bolshaya Dekabrskaya Street, 10/2

Phone: +74957872839

Event Email: sportnation@fkr.ru

Hotel accommodation and Transfer

Person in charge: Ms. Nadezhda Averyanova

Phone: 8-800-600-1885 e-mail: kickboxing42@mail.ru

Accreditations

Time for check-in and registration at "Kuzbass Arena" are specified in the program. Participants must arrive and check-in within the time limits of the check-in and registration.

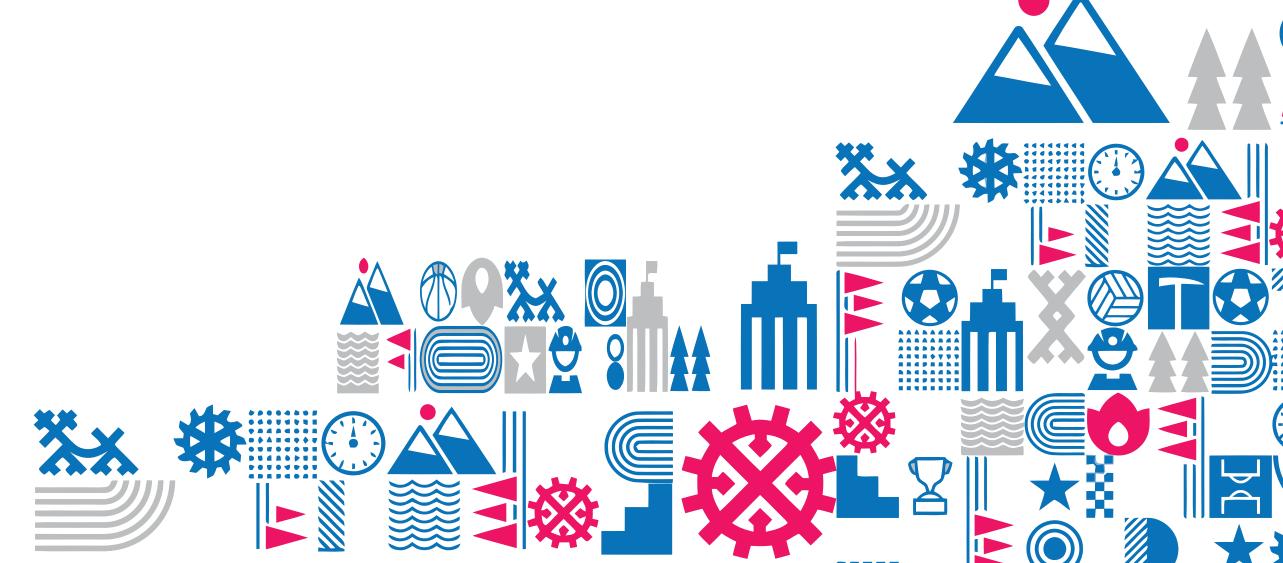
Visa guidelines

Russian Kickboxing Federation will help you to obtain entry visas for athletes and officials. Please send Visa Request by e-mail not later than October 1-st, 2022! Please specify all information that is required in the invitation letter for visas. Registration

For any matter regarding online registration please contact directly: sportnation@fkr.ru

Liability

Neither the Organizing Committee, nor Russian Kickboxing Federation (nor any of its officials or members) will be liable or responsible for any personal injury or for any loss or damage to your property arising out of your participation and travelling in connection with this event.



DIVISIONS FULL-CONTACT



Age	categories	

Seniors women	born 1982 - 2003	48	52	56	60	65	70	+70							
Seniors men	born 1982 - 2003	51	54	57	60	63,5	67	71	75	81	86	91	+91		
Older Juniors women	born 2004, 2005	48	52	56	60	65	70	+70							
Older Juniors men	born 2004, 2005	51	54	57	60	63,5	67	71	75	81	86	91	+91		
Younger juniors women	born 2006, 2007	40	44	48	52	56	60	+60							
Younger juniors men	born 2006, 2007	42	45	48	51	54	57	60	63,5	67	71	75	81	+81	
Older cadets women	born 2008, 2009	36	40	44	48	52	56	60	+60						
Older cadets men	born 2008, 2009	33	36	39	42	45	48	51	54	57	60	63	66	70	+70

DIVISIONS LOW-KICK, K1



	Age categories													
Seniors women	born 1982 - 2003	48	52	56	60	65	70	+70						
Seniors men	born 1982 - 2003	51	54	57	60	63,5	67	71	75	81	86	91	+91	
Older Juniors women	born 2004, 2005	48	52	56	60	65	70	+70						
Older Juniors men	born 2004, 2005	51	54	57	60	63,5	67	71	75	81	86	91	+91	
Younger juniors women	born 2006, 2007	40	44	48	52	56	60	+60						
Younger juniors men	born 2006, 2007	42	45	48	51	54	57	60	63,5	67	71	75	81	+81

DIVS POINTFIGHTING, LIGHT-CONTACT



	Age categories									
Seniors women	born 1982 - 2003	50	55	60	65	70	+70			
Seniors men	born 1982 - 2003	57	63	69	74	79	84	89	94	+94
Juniors women	born 2004, 2005, 2006	50	55	60	65	70	+70			
Juniors men	born 2004, 2005, 2006	57	63	69	74	79	84	89	94	+94
Older cadets girls	born 2007, 2008, 2009	32	37	42	46	50	55	60	65	+65
Older cadets boys	born 2007, 2008, 2009	32	37	42	47	52	57	63	69	+69
Younger cadets girls	born 2010, 2011, 2012	28	32	37	42	47	+47			
Younger cadets boys	born 2010, 2011, 2012	28	32	37	42	47	+47			

1 S ONS "MUSICAL FORMS"



	Age categories	Musical Forms
Seniors women	born 1982 - 2003	Creative open hand / Creative weapons Hard style / Hard style weapons
Seniors men	born 1982 - 2003	Creative open hand / Creative weapons Hard style / Hard style weapons
Juniors women	born 2004, 2005, 2006	Creative open hand / Creative weapons Hard style / Hard style weapons
Juniors men	born 2004, 2005, 2006	Creative open hand / Creative weapons Hard style / Hard style weapons
Older cadets girls	born 2007, 2008, 2009	Creative open hand / Creative weapons Hard style / Hard style weapons
Older cadets boys	born 2007, 2008, 2009	Creative open hand / Creative weapons Hard style / Hard style weapons
Younger cadets girls	born 2010, 2011, 2012	Creative open hand / Creative weapons Hard style / Hard style weapons
Younger cadets boys	born 2010, 2011, 2012	Creative open hand / Creative weapons Hard style / Hard style weapons



ACCOMMONDATION AND TRANSFER



Please be kindly informed that booking your accommodation as soon as possible is highly advised by the Organizing Committee due to huge interest for the tournament.

Official accommodation and transfer partner – Ms. Nadezhda Averyanova – is ready to take care of all your requests. Do not hesitate to make contact with her on time!

For any accommodation or transfer requests please make contact with our official partner:

Ms. Nadezhda Averyanova

WITH SPECIAL PRICES FOR THE EVENT!

Room and airport transfer reservation CONTACT DETAILS

Phone: 8-800-600-1885

e-mail: kickboxing42@mail.ru

TERMS AND CONDITIONS

Deadline for Hotel & Transfer booking: October 22, 2022



SPORT HALL



«KUZBASS ARENA»

Kemerovo region – Kuzbass, Kemerovo, Pritomsky Ave., 10

TOTAL AREA - 54,000 M2;

4 FLOORS OF SPORTS;

7,493 SPECTATOR SEATS



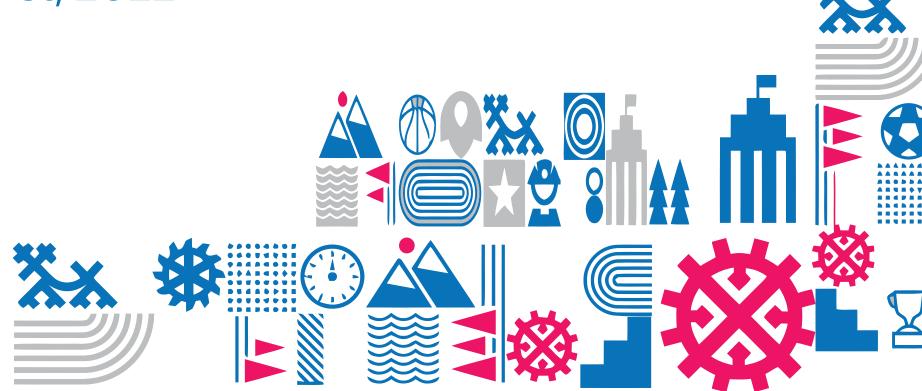
PROCESS FOR VISA APPLICATION



For those countries that need to apply for VISA on time it is highly recommended to send all necessary information at least 3 months earlier in advance from the initial date of the event (within latest by 24th September 2022). Please fill in Visa Application with list of all participants specifying names, surnames, passport numbers, date of birth, issue/expiry dates and status (ex: chief delegation, athlete, coach, referee...) to be sent to the kind Attention of:

Event Email: sportnation@fkr.ru

Deadline for Visa request: not later than October 1-st, 2022



ATTENTION

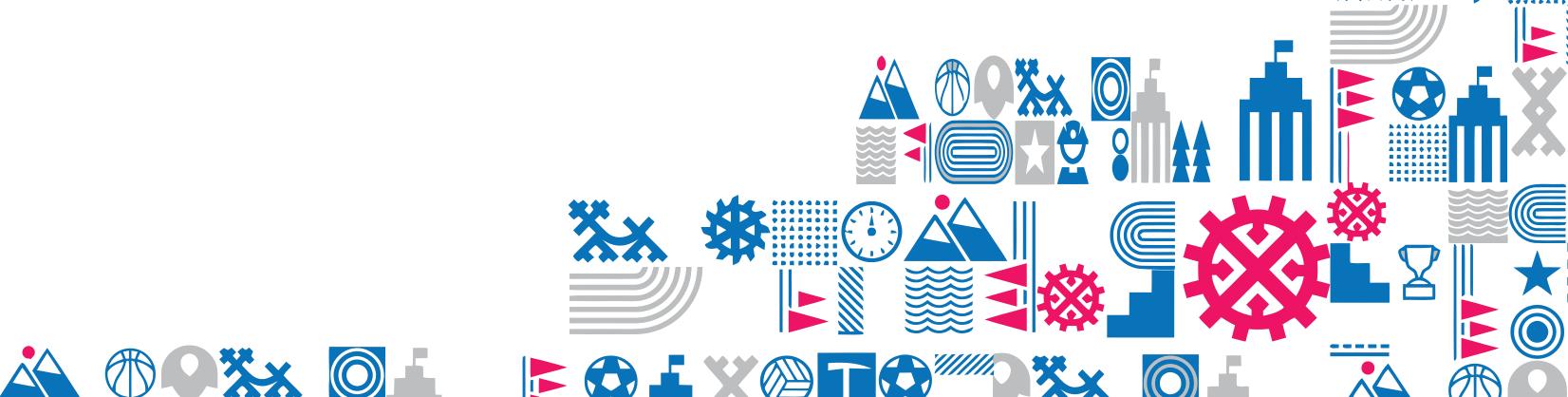


COVID 19 - PROCEDURES

Following the instructions and the regulations of the world and national Health Protection Bodies, given the evolution of the pandemic situation, it is recommended to keep yourself constantly informed about the Protocols that will be implemented for everyone's health. We will publish Updates every month.

USE OF TECHNICAL PROTECTIONS

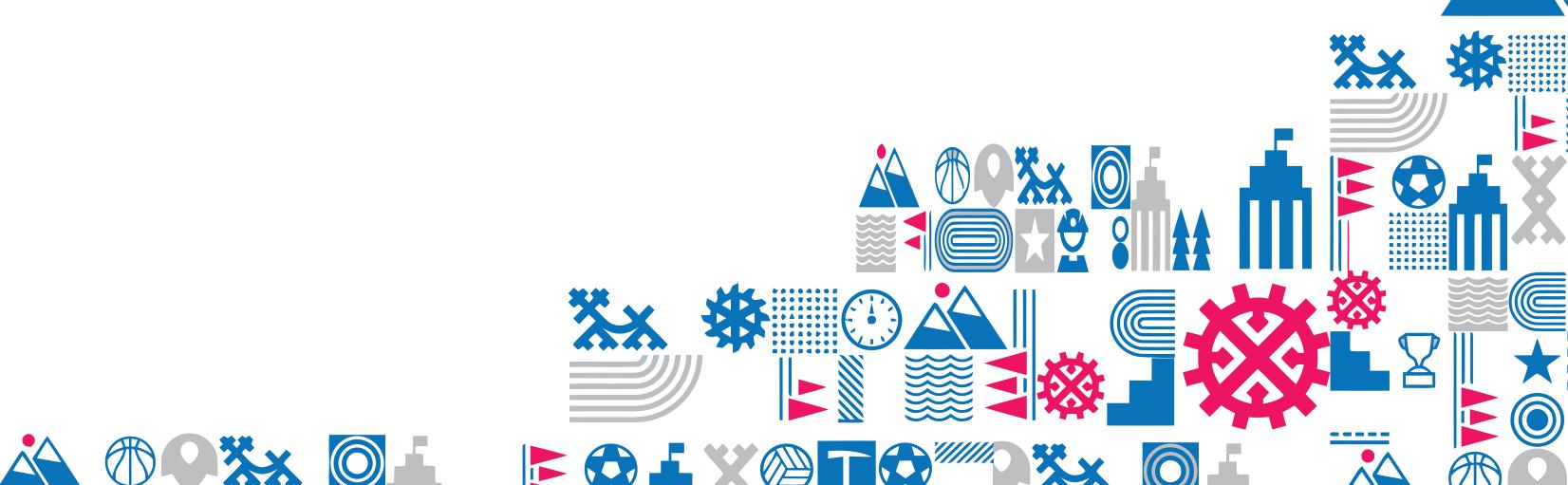
Considering the time required for the organization of the trip by the Teams and participating athletes, assessed the impossibility of disinfection of personal protections (Gloves, Shin Guards, Footwear) in exceptional derogation to the Regulations in use.



FLAG AND NATIONAL ANTHEM



Each participating country must bring 2 (two) flags, size 90 x 130 cm and a CD/pendrive/ portable drive with their National Anthem. The flag and CD/pendrive/portable drive are needed to be handed in at the registration and will be returned to each participating countries after the competition.



PROGRAMME



Date/Time Schedule

24 October 2022

11:00-16:00 Arrival of delegations and then:registration, weigh in and medical control17:00 Mandatory International Coach conferenceand OFFICIAL DRAWING

25 October 2022

09:00 Mandatory International Referee Seminar

10:00 First part Qualifications

12:00 Opening Ceremony

26 October 2022

07:00-08:00 Weigh in (Only Ring Sports)

10:00 Second part Qualifications

27 October 2022

07:00-08:00 Weigh in (Only Ring Sports)

10:00 Semi Finals

28 October 2022

07:00-08:00 Weigh in (Only Ring Sports)

10:00 First part Finals

29 October 2022

07:00-08:00 Weigh in (Only Ring Sports)

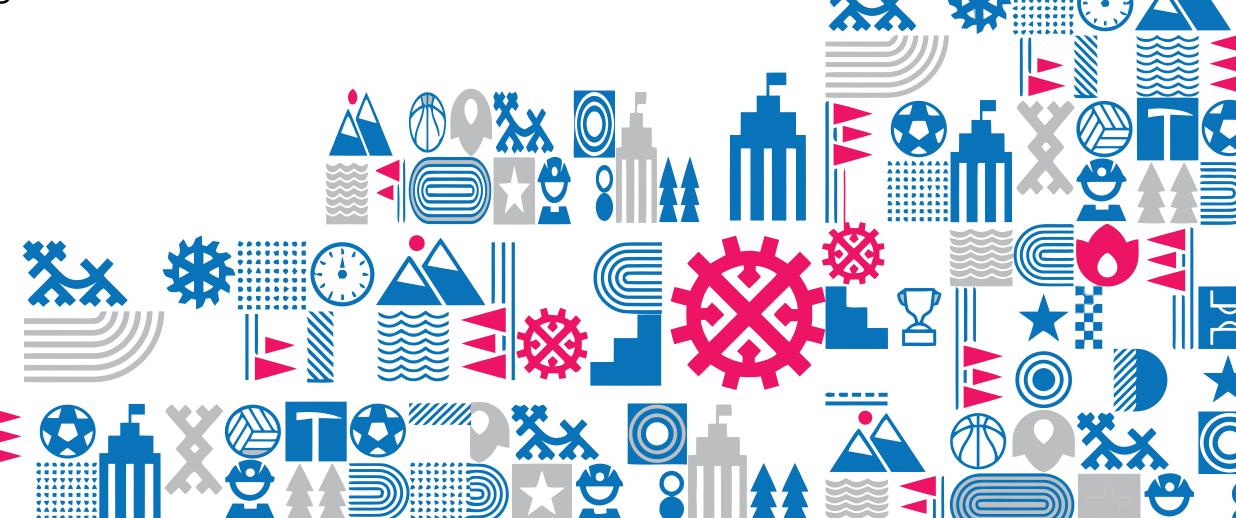
10:00 Gala Finals

17:00 Awarding Ceremony

30 October 2022

Departure of all delegations

The program above must be intended as preliminary, it can be modified on spot according to Organizing Committees' requirements.





KUZBASS



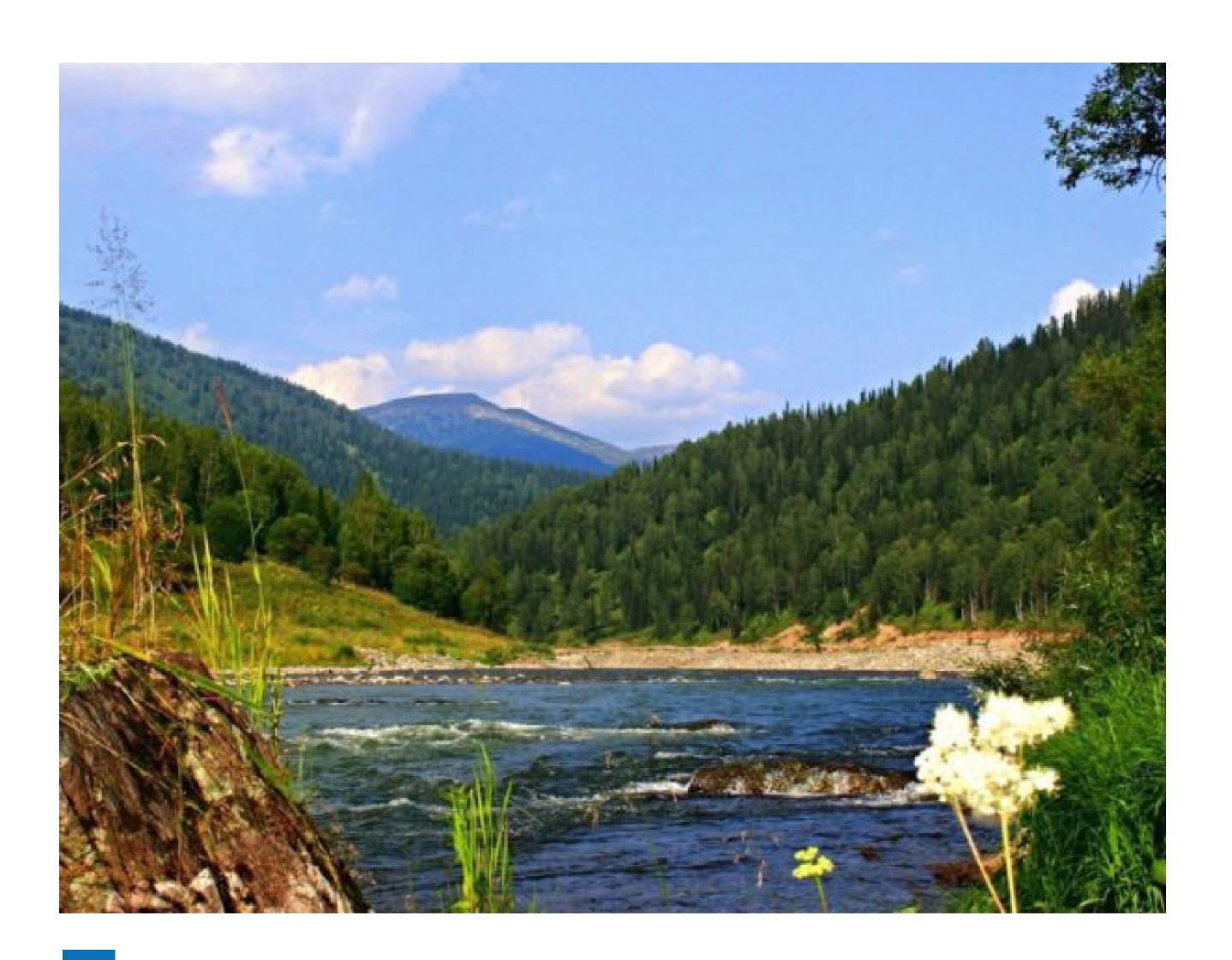


Kuzbass is an amazing combination of incompatible, surprising and inspiring. There is a sea of taiga and a powerful industry, bears and bloggers room here, where mountains meet cities, shamans and jazz stars, fluffy snow and hot metal. Open your heart to a new, exciting experience!



GEOGRAPHY AND CLIMATE





The Kemerovo Region – Kuzbass is located in the southeast of Western Siberia. At its widest points, the region is 500 km north to south and 300 km west to east. The climate is extremely continental. January is the coldest month and July is the warmest. January temperatures average –13.3°C. July temperatures average 17.9°C.



CULTURE AND TOURISM



The Kemerovo region has significant cultural and creative resources. There are three drama theatres, two puppet theatres and a musical theatre, 46 large museums, a regional philharmonic, a symphony orchestra and over 700 libraries. The region also has the House of Actors, the House of Artists, the House of Writers in Kemerovo and the House of Creative Unions in Novokuznetsk. The region hosts major cultural events such as a regional choir completion, a festival of national cultures, and others. Kuzbass is one of the leading regions in terms of film marketing and cinema availability. Kuzbass has numerous sports facilities, including an indoor winter stadium for bandy, the only one beyond the Ural Mountains.

There are many museums and art galleries in Kemerovo, most of which are located in the city center. The grand Lenin's Square with the Lenin's monument is a symbol of past Soviet times. Also you can find here a monument dedicated to miners who gave their lives working the region's mines.



CULTURE AND TOURISM

СПОРТИВНАЯ ДЕРЖАВАХ СПОРТИВНЫЙ ФОРУМ

MUSEUM-RESERVE "TOMSK PISANITSA"

About fifty kilometers from Kemerovo on the high right bank of the river Tom located a unique multi-disciplinary open-air museum «». Here you can see petroglyphs (cave paintings), whose age is estimated at millennia. In total, about three hundred petroglyphs were found on the rocks, including images of various animals (elk, bear, fox, and wolf), birds, shamans, deities, and mysterious signs. This unusual museum is often visited by politicians, businessmen, representatives of culture and science who are in Kuzbass on business visits.

ARCHEOLOGY ETHNOG-RAPHY AND ECOLOGY MUSEUM OF SIBERIA

Sovetskiy Prospekt, 77 (located on the Kemerovskiy Gosudarstvennyy University campus). Another museum with emphasis on archaeology, ethnography, and ecology.

KRASNAYA GORKA

(Red Hill Museum Reserve), Ulitsa Krasnaya Gorka, Miners' museum.

MONUMENT "IN MEMORY OF THE MINERS OF KUZBASS"

(between the miners' museum and the Prospekt Kuznetskiy bridge). This solemn miner looks out over the Tom River at the Kemerovo skyline and rather glum coal plant that has probably not done too many favors for Kemerovans' lungs.

WONDERLAND PARK

Some little rides and monuments and greenery (if it's not blanketed in snow) in front of the Tom River.

KEMEROVO BOTANICAL GARDEN

(out a ways northeast of Kemerovo), you are hungering for some tropical or desert life, this might be your best bet with this enclosed ecosphere shielded from the throes of Siberian fury.

MONUMENT LENIN

City center with the obligatory Lenin statue. If you come in winter, you may also get to see ice skaters or at least some snow on Lenin's moustache.

Also the city is surrounded by beautiful forest

— **taiga**, where you can almost feel the wildness and greatness of lands untouched by civilization.

