

РОССИЯ
СПОРТИВНАЯ
ДЕРЖАВА X МЕЖДУНАРОДНЫЙ
СПОРТИВНЫЙ ФОРУМ



Министерство
физической
культуры
и спорта Кузбасса



РЦССК

OCTOBER 24-30

INTERNATIONAL KICKBOXING TOURNAMENT RUSSIA - COUNTRY OF SPORTS FOR THE FIRST TIME IN KUZBASS ARENA

FULL CONTACT, LIGHT CONTACT, POINT FIGHTING,
LOW KICK, MUSICAL FORMS, K-1

CADETS, JUNIORS, SENIORS



KUZBASS ARENA KEMEROVO,
PRITOMSKIY AVENUE 10

DIVISIONS

FULL-CONTACT

Age categories

Seniors women	born 1982 - 2003	48	52	56	60	65	70	+70							
Seniors men	born 1982 - 2003	51	54	57	60	63,5	67	71	75	81	86	91	+91		
Older Juniors women	born 2004, 2005	48	52	56	60	65	70	+70							
Older Juniors men	born 2004, 2005	51	54	57	60	63,5	67	71	75	81	86	91	+91		
Younger juniors women	born 2006, 2007	40	44	48	52	56	60	+60							
Younger juniors men	born 2006, 2007	42	45	48	51	54	57	60	63,5	67	71	75	81	+81	
Older cadets women	born 2008, 2009	36	40	44	48	52	56	60	+60						
Older cadets men	born 2008, 2009	33	36	39	42	45	48	51	54	57	60	63	66	70	+70

DIVISIONS

LOW-KICK, K1

Age categories

Seniors women	born 1982 - 2003	48	52	56	60	65	70	+70						
Seniors men	born 1982 - 2003	51	54	57	60	63,5	67	71	75	81	86	91	+91	
Older Juniors women	born 2004, 2005	48	52	56	60	65	70	+70						
Older Juniors men	born 2004, 2005	51	54	57	60	63,5	67	71	75	81	86	91	+91	
Younger juniors women	born 2006, 2007	40	44	48	52	56	60	+60						
Younger juniors men	born 2006, 2007	42	45	48	51	54	57	60	63,5	67	71	75	81	+81

DIVISIONS

POINTFIGHTING, LIGHT-CONTACT

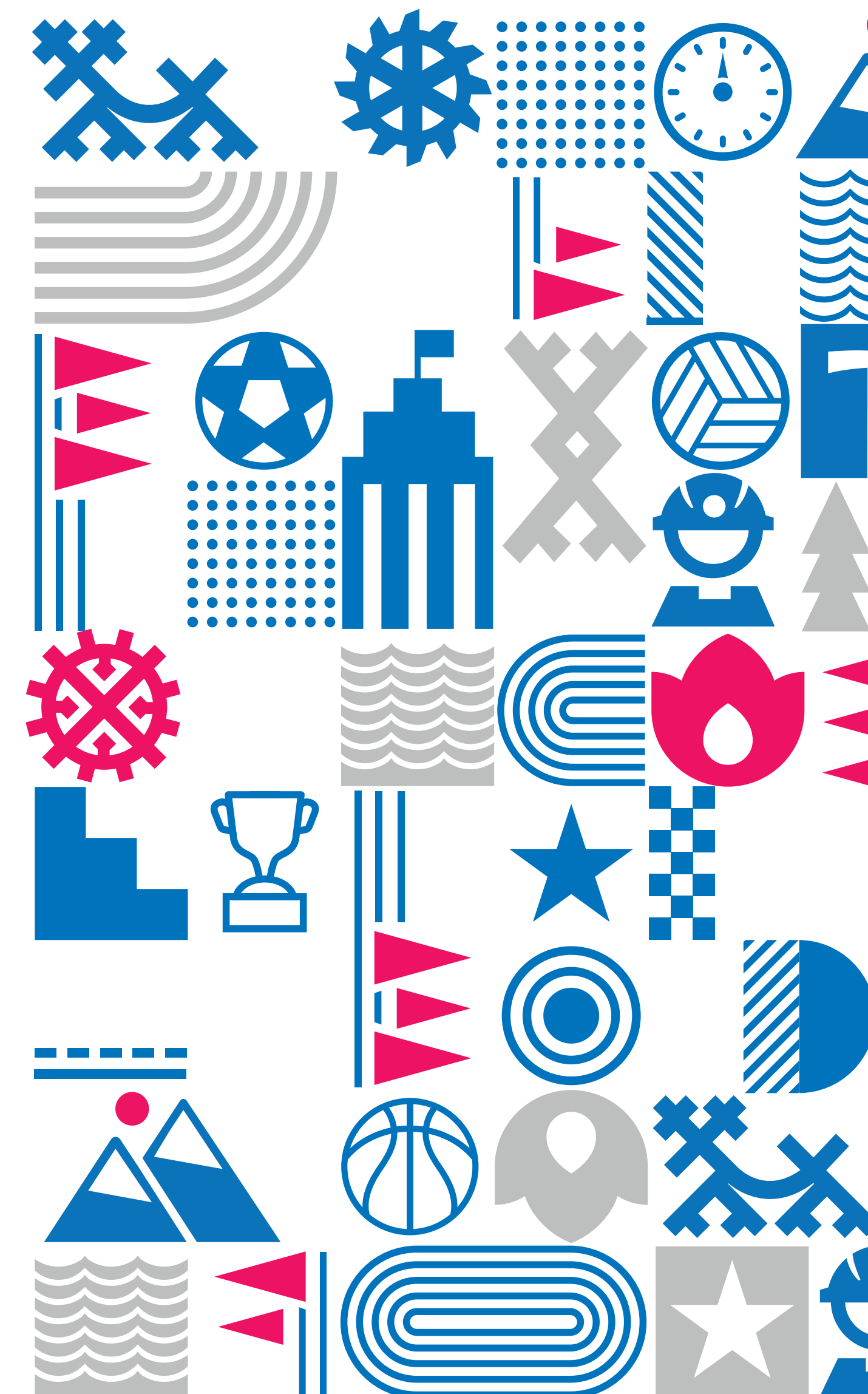
Age categories

Seniors women	born 1982 - 2003	50	55	60	65	70	+70				
Seniors men	born 1982 - 2003	57	63	69	74	79	84	89	94	+94	
Juniors women	born 2004, 2005, 2006	50	55	60	65	70	+70				
Juniors men	born 2004, 2005, 2006	57	63	69	74	79	84	89	94	+94	
Older cadets girls	born 2007, 2008, 2009	32	37	42	46	50	55	60	65	+65	
Older cadets boys	born 2007, 2008, 2009	32	37	42	47	52	57	63	69	+69	
Younger cadets girls	born 2010, 2011, 2012	28	32	37	42	47	+47				
Younger cadets boys	born 2010, 2011, 2012	28	32	37	42	47	+47				

DIVISIONS

«MUSICAL FORMS»

	Age categories	Musical Forms
Seniors women	born 1982 - 2003	Creative open hand / Creative weapons Hard style / Hard style weapons
Seniors men	born 1982 - 2003	Creative open hand / Creative weapons Hard style / Hard style weapons
Juniors women	born 2004, 2005, 2006	Creative open hand / Creative weapons Hard style / Hard style weapons
Juniors men	born 2004, 2005, 2006	Creative open hand / Creative weapons Hard style / Hard style weapons
Older cadets girls	born 2007, 2008, 2009	Creative open hand / Creative weapons Hard style / Hard style weapons
Older cadets boys	born 2007, 2008, 2009	Creative open hand / Creative weapons Hard style / Hard style weapons
Younger cadets girls	born 2010, 2011, 2012	Creative open hand / Creative weapons Hard style / Hard style weapons
Younger cadets boys	born 2010, 2011, 2012	Creative open hand / Creative weapons Hard style / Hard style weapons



SPORT HALL

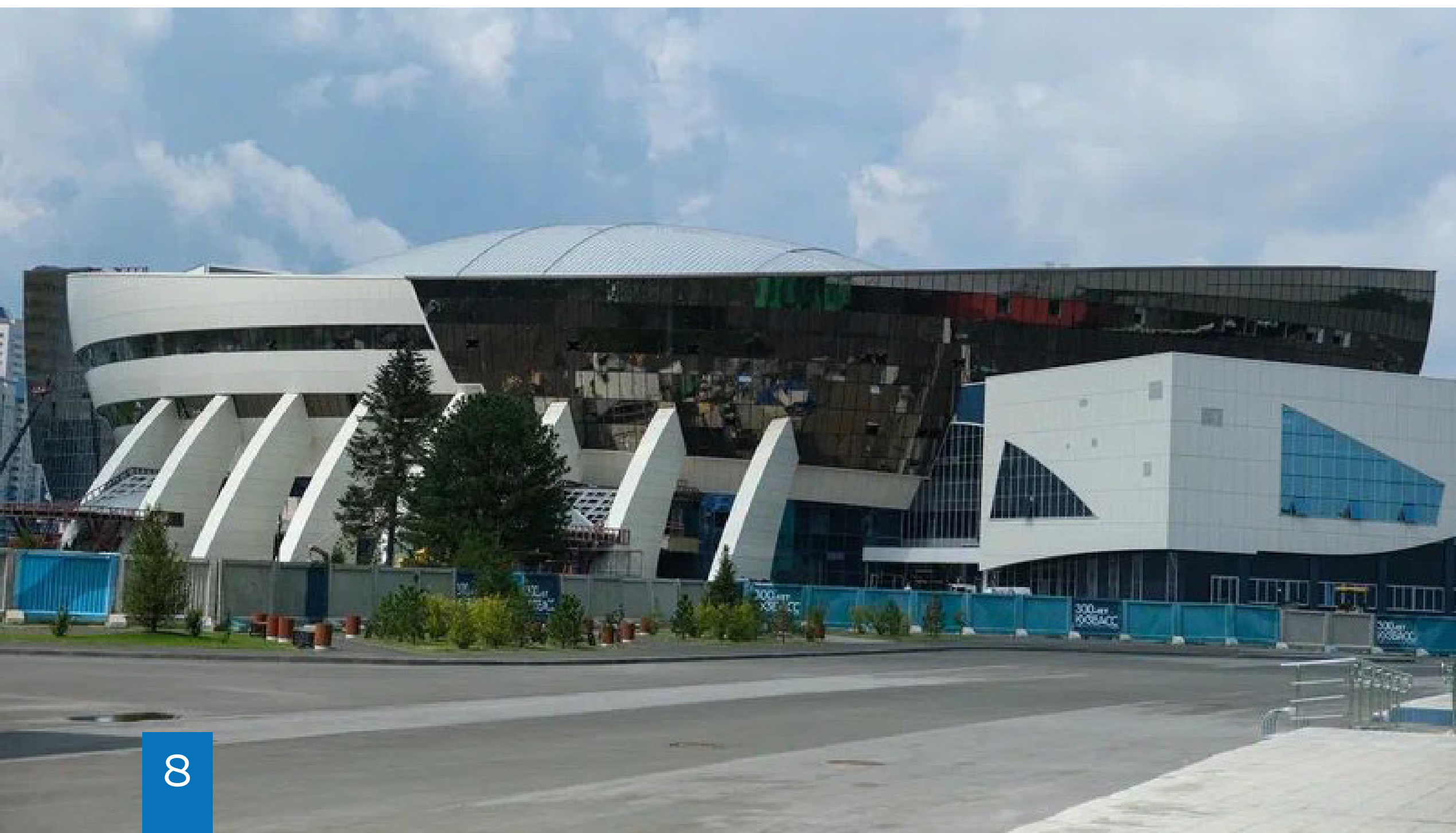
«KUZBASS ARENA»

Kemerovo region – Kuzbass,
Kemerovo, Pritomsky Ave., 10

TOTAL AREA - 54,000 M2;

4 FLOORS OF SPORTS;

7,493 SPECTATOR SEATS

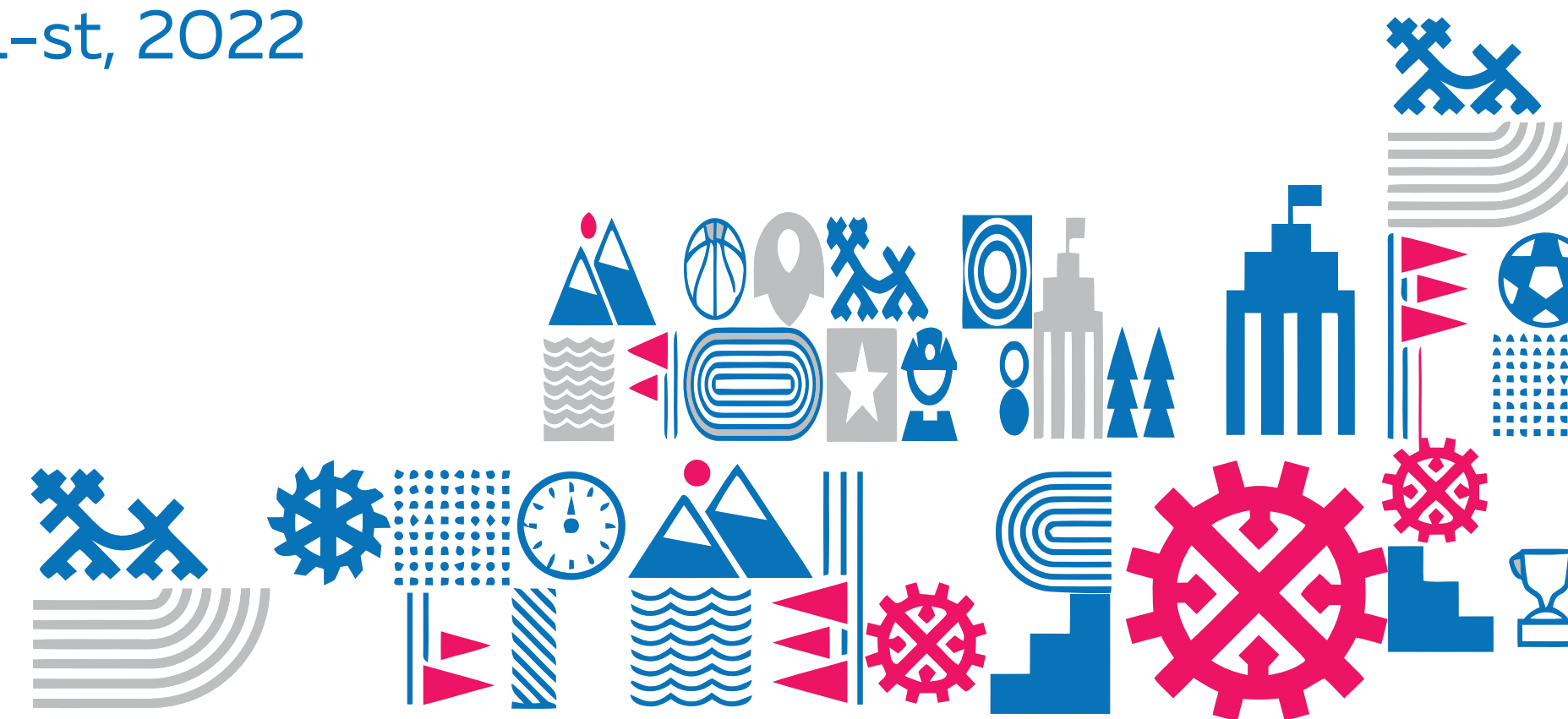


PROCESS FOR VISA APPLICATION

For those countries that need to apply for VISA on time it is highly recommended to send all necessary information at least 3 months earlier in advance from the initial date of the event (within latest by 24th September 2022). Please fill in Visa Application with list of all participants specifying names, surnames, passport numbers, date of birth, issue/ expiry dates and status (ex: chief delegation, athlete, coach, referee...) to be sent to the kind Attention of:

Event Email: sportnation@fkr.ru

Deadline for Visa request: not later than October 1-st, 2022



ATTENTION

COVID 19 - PROCEDURES

Following the instructions and the regulations of the world and national Health Protection Bodies, given the evolution of the pandemic situation, it is recommended to keep yourself constantly informed about the Protocols that will be implemented for everyone's health. We will publish Updates every month.

USE OF TECHNICAL PROTECTIONS

Considering the time required for the organization of the trip by the Teams and participating athletes, assessed the impossibility of disinfection of personal protections (Gloves, Shin Guards, Footwear) in exceptional derogation to the Regulations in use.



KUZBASS



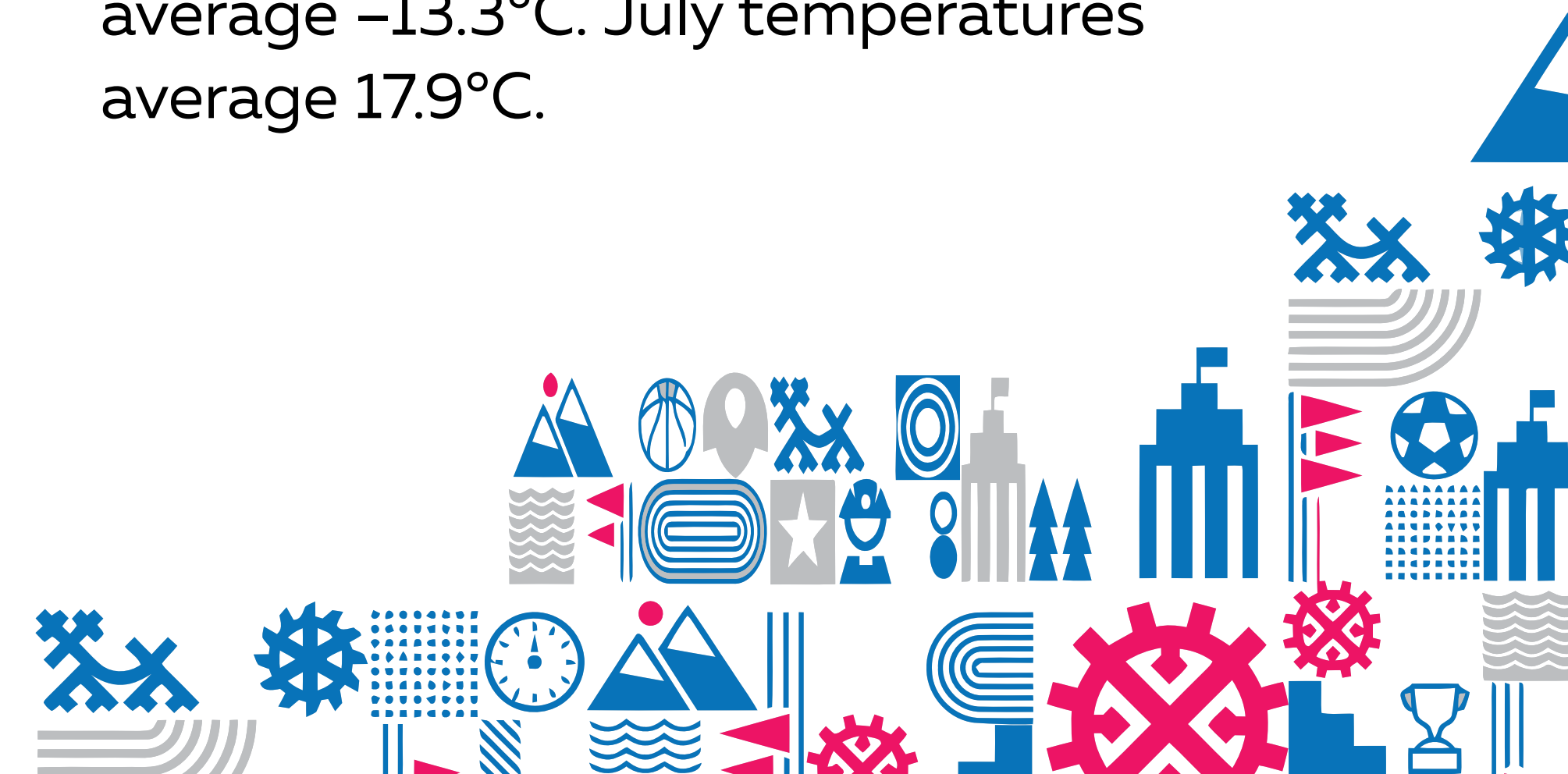
Kuzbass is an amazing combination of incompatible, surprising and inspiring. There is a sea of taiga and a powerful industry, bears and bloggers room here, where mountains meet cities, shamans and jazz stars, fluffy snow and hot metal. Open your heart to a new, exciting experience!



GEOGRAPHY AND CLIMATE



The Kemerovo Region – Kuzbass is located in the southeast of Western Siberia. At its widest points, the region is 500 km north to south and 300 km west to east. The climate is extremely continental. January is the coldest month and July is the warmest. January temperatures average -13.3°C . July temperatures average 17.9°C .



CULTURE AND TOURISM

MUSEUM-RESERVE “TOMSK PISANITSA”

About fifty kilometers from Kemerovo on the high right bank of the river Tom located a unique multi-disciplinary open-air museum «». Here you can see petroglyphs (cave paintings), whose age is estimated at millennia. In total, about three hundred petroglyphs were found on the rocks, including images of various animals (elk, bear, fox, and wolf), birds, shamans, deities, and mysterious signs. This unusual museum is often visited by politicians, businessmen, representatives of culture and science who are in Kuzbass on business visits.

ARCHEOLOGY ETHNOGRAPHY AND ECOLOGY MUSEUM OF SIBERIA

Sovetskiy Prospekt, 77 (located on the Kemerovskiy Gosudarstvennyy University campus). Another museum with emphasis on archaeology, ethnography, and ecology.

KRASNAYA GORKA

(Red Hill Museum Reserve), Ulitsa Krasnaya Gorka, Miners' museum.

MONUMENT “IN MEMORY OF THE MINERS OF KUZBASS”

(between the miners' museum and the Prospekt Kuznetskiy bridge). This solemn miner looks out over the Tom River at the Kemerovo skyline and rather glum coal plant that has probably not done too many favors for Kemerovans' lungs.

WONDERLAND PARK

Some little rides and monuments and greenery (if it's not blanketed in snow) in front of the Tom River.

KEMEROVO BOTANICAL GARDEN

(out a ways northeast of Kemerovo), you are hungry for some tropical or desert life, this might be your best bet with this enclosed ecosystem shielded from the throes of Siberian fury.

MONUMENT LENIN

City center with the obligatory Lenin statue. If you come in winter, you may also get to see ice skaters or at least some snow on Lenin's moustache.

Also the city is surrounded by beautiful forest – **taiga**, where you can almost feel the wildness and greatness of lands untouched by civilization.

